



**NIRWAN
UNIVERSITY
— JAIPUR —**
शिक्षा संस्कार सामर्थ्य

Established by the Rajasthan State
Legislature vide Act No. 2 of 2017 and
recognized U/s 2(f) of the UGC Act 1956

SCHOOL OF AYURVEDA NATUROPATHY AND YOGIC SCIENCES

Harmony of *Mind, Body* and Spirit.



www.nirwanuniversity.ac.in



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ABOUT NIRWAN UNIVERSITY

Nirwan University Jaipur (NUJ) was established by the Government of Rajasthan vide Act No. 2 of 2017 and recognized u/s 2 (f) of the UGC Act, 1956 for the award of degrees u/s 22 of the UGC Act. Nirwan University Jaipur has twelve different schools with multiple programmes making it one of the most sought after options for higher education among students. It is promoted by "NIRWAN CHARITABLE TRUST", which also runs health care institutions, viz., S.N. Super Specialty Hospital, Sihag Hospital and Swastik Blood Bank at Sri Ganganagar, Rajasthan.

- ▶ Rajasthan Dental College and Hospital
- ▶ S.N. Institute of Nursing Sciences
- ▶ S.N. College of Law
- ▶ School of Allied Health Sciences
- ▶ School of Ayurveda, Naturopathy & Yogic Sciences
- ▶ School of Pharmaceutical Science
- ▶ School of Agricultural Sciences
- ▶ School of Commerce and Management
- ▶ School of Engineering and Technology
- ▶ School of Basic and Applied Sciences
- ▶ School of Library and Information Science
- ▶ School of Computer Science and Applications
- ▶ School of Art's Humanities and Social Sciences
- ▶ School of Physical Education and Sports
- ▶ School of Forensic Science and Cyber Forensic



The University pursues distinct teaching-learning methodologies and provides conducive academic environment with state of art facilities. The university encourages students to participate in various co-curricular and extra-curricular activities to ensure comprehensive and holistic development of their personality. University is committed to create conscious global citizens and leaders for tomorrow, thus provides an ecosystem of instilling human values along with quality education. The academic ecosystem includes well equipped infrastructure, Residential Campus, highly qualified, seasoned and research oriented faculty members in a salubrious environment.

INTRODUCTION

The School of Ayurveda, Naturopathy & Yogic Sciences is committed to preserving and promoting India's rich heritage of traditional healthcare systems while integrating them with modern scientific knowledge. The school offers quality education, research, and practical training in Yoga, Naturopathy, Ayurveda, and allied health sciences. The academic programs are designed to develop competent professionals capable of contributing to preventive, promotive, and therapeutic healthcare.

The school emphasizes holistic health, lifestyle management, stress reduction, disease prevention, and wellness promotion through evidence-based yogic practices and natural healing methods. Equipped with experienced faculty members, yoga laboratories, meditation halls, and practical training facilities, the school provides an excellent learning environment for students. Through academic excellence, research activities, community outreach programs, and professional training, the school aims to prepare skilled graduates who can serve society and contribute to global health and well-being.

OBJECTIVES

- ▶ To provide comprehensive theoretical and practical knowledge in Ayurveda, Naturopathy and Yogic Sciences.
- ▶ To cultivate scientific temper, critical thinking and research aptitude among students.
- ▶ To develop professional skills for healthcare, education, wellness and therapeutic applications.
- ▶ To preserve, promote and disseminate the rich heritage of traditional Indian healthcare systems.
- ▶ To prepare competent professionals capable of addressing contemporary health challenges through holistic and integrative approaches.

VISION

To become a center of excellence in Ayurveda, Naturopathy, Yoga Education, Research, and Holistic Healthcare for the promotion of human well-being and sustainable health.

MISSION

- ▶ To impart comprehensive knowledge and practical skills in Ayurveda, Naturopathy, Yoga, and allied health sciences, enabling students to build successful professional careers.
- ▶ To develop confidence, competence, and professional excellence among students through quality education, practical training, research, and experiential learning.
- ▶ To nurture ethical values, social responsibility, leadership qualities, teamwork, and professional integrity in accordance with the highest standards of healthcare and education.
- ▶ To promote holistic health, wellness, and sustainable lifestyle practices through the integration of traditional wisdom and modern scientific approaches.
- ▶ To create awareness regarding environmental sustainability, public health, and their relevance to healthcare professions and community well-being.
- ▶ To encourage innovation, critical thinking, lifelong learning, and evidence-based practice in the fields of Ayurveda, Naturopathy, and Yogic Sciences.
- ▶ To contribute to national health promotion and social development by preparing competent professionals dedicated to serving society through preventive, promotive, and therapeutic healthcare approaches.



PROGRAMMES OFFERED

S.N.	PROGRAMME	ELIGIBILITY	DURATION
1	Bachelor of Naturopathy and Yogic Sciences (BNYS)	10+2 with PCB	5.5 Year (4.4+1 year internship)
2	B.Sc. Ayurveda Nursing	10+2 with any discipline	4 Years (3.5+6 month internship)
3	Diploma in Ayush Nursing & Pharmacy (DAN&P)	10+2 with any discipline	2.5 year + 6 month internship
4	B.A. Yoga	10+2 Pass	6 Semester (3 Years)
5	M.A. Yoga	Graduation in any discipline	4 Semester (2 Years)
6	PG Diploma in Yoga	Graduation in any discipline	1 Year
7	Diploma in Yoga	10+2 Pass	1 Years
8	Ph.D. Yoga	P.G. with minimum 55% marks (5% relaxation for SC/ST)	Minimum 3Years

LABORATORY DETAILS & FACILITIES

Yoga Practical Hall with modern yoga training facilities

Anatomy Laboratory

Physiology Laboratory

Aushadh dravy laboratory

Naturopathy Practical Training Unit

Meditation and Wellness Centre

Computer Lab with internet facilities

Smart Classrooms with audio-visual teaching aids

Library with books, journals, dissertations, and digital resources

Seminar Hall for workshops, conferences, and guest lectures



FUTURE SCOPE & EMPLOYMENT OPPORTUNITIES

Yoga Instructor and Yoga Therapist	Assistant Professor	Naturopathy Practitioner	Ayurveda Healthcare Professional
Research Associate	Lecturer and Academician	Corporate Wellness Trainer	Health and Lifestyle Coach
Clinical Assistant	Healthcare Administrator	Entrepreneur in Wellness and Alternative Healthcare Sector	Government and Private Sector Health Programmes

LEARNING OUTCOMES



EVENT HIGHLIGHTS

- › International Yoga Day Celebrations
- › 100 Days Countdown Programmes for International Yoga Day
- › Yoga Mahotsav
- › National and International Seminars
- › Workshops on Yoga Therapy and Wellness
- › Health Awareness Campaigns
- › Guest Lectures by Eminent Experts
- › Research Conferences and Academic Events
- › Community Outreach Programmes and Health Camps

KEY HIGHLIGHTS OF THE PROGRAMMES

- › Experienced and qualified faculty members.
- › Strong focus on practical and skill-based learning.
- › Research-oriented academic environment.
- › Modern infrastructure and learning facilities.
- › Regular workshops, seminars and conferences.
- › Industry and community engagement activities.
- › Opportunities for internships and field training.
- › Promotion of holistic health and wellness.
- › Career-oriented curriculum aligned with contemporary healthcare needs.
- › Active participation in national wellness initiatives and yoga promotion programmes

EDUCATIONAL TOURS & INDUSTRIAL VISITS

The School regularly organizes educational visits to:

- › Yoga Institutes and Research Centres
- › Ayurveda Hospitals and Wellness Centres
- › Naturopathy Institutions
- › Health and Wellness Resorts
- › Research Laboratories
- › Community Health Projects

INTERNSHIP/PRACTICAL TRAINING

- › Clinical and practical training sessions.
- › Yoga teaching practice and therapy sessions.
- › Community health camps and wellness programmes.
- › Internship opportunities in yoga centres, wellness clinics, hospitals and healthcare organizations.
- › Research-based training and project work.
- › Field visits and experiential learning activities



APPROVAL AND AFFILIATION



PROGRAMME OFFERED IN NUJ

RAJASTHAN DENTAL COLLEGE & HOSPITAL

- ◆ Bachelor of Dental Surgery (B.D.S.)
- ◆ Master of Dental Surgery (M.D.S.) -
Conservative Dentistry & Endodontics
Oral & Maxillofacial Surgery
Orthodontics & Dentofacial Orthopaedics
Prosthodontics, Crown & Bridge, Periodontics
Pedodontics, Oral Medicine & Radiology
Oral Pathology & Microbiology
Public Health Dentistry
- ◆ Doctor of Philosophy (Ph.D.)

S.N. INSTITUTE OF NURSING SCIENCES

- ◆ Bachelor of Science (B.Sc.) - Nursing
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF PHARMACEUTICAL SCIENCE

- ◆ Bachelor of Pharmacy (B.Pharm)
- ◆ Diploma in Pharmacy (D.Pharm)
- ◆ Doctor of Philosophy (Ph.D.)

S.N. COLLEGE OF LAW

- ◆ BA LL.B. (Bachelor of Arts and Bachelor of Legislative Law)
- ◆ LL.B. (Bachelor of Laws or Bachelor of Legislative Law)
- ◆ LL.M. (Masters of Laws) - Corporate and Commercial Law
Constitutional Law and Administrative Law
Criminal and Security Law, Intellectual Property Law
Cyber and Security Law
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF FORENSIC SCIENCE AND CYBER FORENSIC

- ◆ Diploma in Forensic Science
- ◆ Bachelor of Science (B.Sc.) in Forensic Science
- ◆ Master of Science (M.Sc.) in Forensic Science

SCHOOL OF COMPUTER SCIENCE AND APPLICATIONS

- ◆ Bachelor of Computer Applications (BCA)
- ◆ Master of Computer Applications (MCA)
- ◆ Post-Graduation Diploma in Computer Applications (PGDCA)
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF ALLIED HEALTH SCIENCES

- ◆ Bachelor of Physiotherapy (BPT)
- ◆ Master of Physiotherapy (MPT) - Cardio-Pulmonary Science,
Neuroscience, Musculoskeletal Science, Sports Science
- ◆ Bachelor of Medical Radiology and Imaging Technology (BMRIT)
- ◆ Bachelor of Medical Laboratory Sciences (BMLS)
- ◆ Bachelor of Anaesthesia & Operation Theatre Technology (BAOTT)
- ◆ Diploma in Medical Laboratory Technology (DMLT)
- ◆ Diploma in Radiation Technology (DRT)

SCHOOL OF COMMERCE AND MANAGEMENT

- ◆ Bachelor of Commerce (B.COM.)
- ◆ Bachelor of Business Administration (BBA)
- ◆ Master of Business Administration (MBA) - HRM,
Finance, Sales & Marketing, Hospital Management
- ◆ Master of Commerce (M.COM.) - ABST, BADM, EAFM
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF ENGINEERING AND TECHNOLOGY

- ◆ Diploma Engineering (Polytechnic) -
Electrical Engineering, Mechanical Engineering
Computer Science Engineering
- ◆ Bachelor of Technology (B.Tech.) -
Electrical Engineering, Mechanical Engineering
Computer Science Engineering
- ◆ Master of Technology (M.Tech.) - Power System
Production Engineering, Renewable Energy Technology
Computer Science Engineering
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF AGRICULTURAL SCIENCES

- ◆ B.Sc. (Bachelor of Science) - Agriculture (Hons.)
- ◆ M.Sc. (Agriculture)- Agronomy,
Soil Science and Agricultural Chemistry
- ◆ M.Sc. (Horticulture)- Fruit Science, Vegetable Science
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF BASIC AND APPLIED SCIENCES

- ◆ Bachelor of Science (B.Sc.) - (CBZ/PCM)
- ◆ Master of Science (M.Sc.) - Chemistry, Mathematics,
Physics, Botany, Zoology
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF LIBRARY AND INFORMATION SCIENCE

- ◆ Diploma in Library and Information Science (DLIS)
- ◆ Bachelor of Library and Information Science (BLIS)
- ◆ Master of Library and Information Science (MLIS)
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF PHYSICAL EDUCATION AND SPORTS

- ◆ Bachelor of Physical Education and Sports (BPES)
- ◆ Master of Physical Education and Sports (MPES)
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF AYURVEDA, NATUROPATHY & YOGIC SCIENCES

- ◆ Bachelor of Naturopathy and Yogic Sciences (BNYS)
- ◆ Bachelor of Science (B.Sc.) - Ayurveda Nursing
- ◆ Diploma in Ayush Nursing and Pharmacy (DAN&P)
- ◆ Bachelor of Arts in Yoga (BA-Yoga)
- ◆ Master of Arts in Yoga (MA-Yoga)
- ◆ P.G. Diploma in Yoga
- ◆ Diploma in Yoga
- ◆ Doctor of Philosophy (Ph.D.)

SCHOOL OF ARTS, HUMANITIES AND SOCIAL SCIENCES

- ◆ Bachelor of Arts (BA)
- ◆ Master of Arts (MA) - Hindi, English, Geography,
History, Political Science, Sociology
Social Work (MSW), Psychology
- ◆ Doctor of Philosophy (Ph.D.)



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