



**INSTITUTE OF FACIAL
AESTHETIC MEDICINE (IFAM)**



MSc

(Facial Aesthetic and cosmetology)



Minimum Qualification

MBBS, BDS, BAMS, BHMS

(preference if any certificate or diploma or fellowship in Facial Aesthetic Medicine or clinical cosmetology)

Duration

2 Years (4 Semesters)

Paper Name: Fundamentals of Skin & Facia Course

Course Description

Unit-I

Introduction & History of Aesthetics & Cosmetology

1. Overview of aesthetics and cosmetology
2. Historical development and milestones in the field

Unit-II

Facial Anatomy

1. Anatomy of the face, including muscles, bones, and nerves
2. Understanding facial proportions and symmetry

Stem Cells

1. Introduction to stem cells and their potential applications in aesthetics
2. Use of stem cells in regenerative medicine and cosmetic procedures

Unit-III

Skin & Fascia

1. Structure and functions of the skin
 2. Different skin types and conditions
 3. Aging process and its impact on the skin
 4. Fascia and its role in aesthetics and cosmetology
- Fascia and its role in aesthetics and cosmetology



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Paper Name: Chemical Peels

Course Description

Unit-I

•Classification of Chemical Peels

1. Superficial, medium, and deep peels
2. Chemical agents used in peels

Unit-II

Types of Chemical Peels & Uses

1. Glycolic acid peels
2. Salicylic acid peels
3. TCA peels
4. Combination peels and their indications

• Indication

1. Treatment of acne, pigmentation, and photo-aging
2. Scar revision with chemical peels

Unit-III

Contraindication

- 1- Absolute and relative contraindications for chemical peels
- 2- Precautions and safety measures

Post Care

1. Post-peel care instructions
2. Management of complications and side effects



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Paper Name: Clinical Laser & IPL

Unit-I

- Introduction to Laser
 1. Principles of laser technology
 2. Different laser types and their characteristics
- Type of Laser
 1. Diode lasers
 2. Q-switched lasers
 3. CO2 lasers and erbium lasers

Unit-II

- Techniques
 1. Laser resurfacing
 2. Laser hair removal
 3. Laser tattoo removal
- Indication & Contraindications
 1. Common indications for laser treatments
 2. Contraindications and precautions for laser procedures

Unit-III

- Patient Management
 1. Pre-treatment assessment and informed consent
 2. Patient counseling and expectations management
- Post Care
 1. Post-treatment care instructions
 2. Management of complications and adverse effects



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Semester II

Paper Name: Micro needling & Micro

UNIT - I

- PRP (Platelet-Rich Plasma)
 1. Introduction to PRP therapy
 2. Indications for PRP in aesthetics and hair restoration

UNIT - II

- Meso-therapy
 1. Overview of meso therapy and its applications
 2. Injection techniques and cocktail formulations
- Micro pigmentation
 1. Lip
 2. Eyebrow
 3. BB glow

UNIT - III

- Injection Techniques
 1. Proper injection techniques for meso therapy and PRP
 2. Safety guidelines and precautions



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Paper Name: Clinical Aspects

UNIT - I

- Clinical Assessment & Case Selection
 1. Evaluation of patient's aesthetic concerns
 2. Patient profiling and case selection for various treatments
- Medico Legal Aspects
 1. Ethical and legal considerations in aesthetics and cosmetology
 2. Documentation and record-keeping

UNIT - II

- Patient Screening & Medical Evaluation
 1. Pre-treatment screening and assessment of medical history
 2. Managing expectations and identifying contraindications
- Hygiene
 1. Infection control and sterilization protocols
 2. Maintaining a clean and safe clinical environment

UNIT - III

- Examination of Facial Structure
 1. Techniques for facial analysis and assessment
 2. Understanding facial harmony and symmetry
- Diagnosis & Treatments
 1. Diagnosis of common aesthetic concerns
 2. Development of treatment plans and personalized approaches



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Paper Name: HydraFacial & STERILIZATION & ROOM PREPARATION.

UNIT - I

Hydra Facial is a non-invasive facial treatment that combines cleansing, exfoliation, extraction, hydration, and antioxidant protection.

It involves the use of a specialized device that delivers serums and performs various steps to improve the overall health and appearance of the skin.

UNIT - II

The treatment is suitable for all skin types and addresses concerns such as fine lines, wrinkles, uneven skin tone, congested pores, and dryness.

UNIT - III

Mid facial:

Mid facial refers to the central region of the face, which includes the cheeks, nose, and under-eye area. It is an important area for aesthetic procedures as it contributes to the overall facial harmony and youthful appearance.

UNIT - I

- General considerations
- Pre-room Preparation

UNIT - II

- Sterilization protocol
- Pre-operative procedures

UNIT - III

- Pre & Post Care



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Semester III

Paper Name: DIAGNOSIS AND TREATMENT PLANNING

UNIT - I

1. Indications and contra indications
2. Diagnosis
3. Medical history

UNIT - II

4. Patient's history
5. Facial examination
6. Anatomical limits of treatment.

UNIT - III

7. Skin and Hair Analysis

Paper Name: NON-SUGICAL ASPECTS

UNIT - I

1. Tattoo Removal (Non-Surgical)

UNIT - II

2. Scar Reduction

Paper Name: ADJUNCTIVE NON-SURGICAL PROCEDURES

UNIT - I

1. Non Surgical Face Lifting



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Paper Name: NON-SUGICAL ASPECTS

UNIT - I

1. Tattoo Removal (Non-Surgical)

UNIT - II

2. Scar Reduction

Paper Name: ADJUNCTIVE NON-SURGICAL PROCEDURES

UNIT - I

1. Non Surgical Face Lifting

UNIT - II

Combination of Fillers, mono threads, B-tox in anti-aging treatment

Semester IV

Paper Name: Hands-On assessment

REGENERATIVE THERAPY FUTURE CONSIDERATIONS MEDICO-LEGAL ASPECTS AND INFORMED
CONSENT



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