



**INSTITUTE OF FACIAL  
AESTHETIC MEDICINE (IFAM)**



# M.SC. (AESTHETICS & COSMETOLOGY)

**NIRWAN UNIVERSITY, JAIPUR  
A UGC APPROVED UNIVERSITY**



#### **Minimum Qualification**

MBBS, MD, MS, BDS, MDS, BAMS, BHMS  
(preference if any certificate or diploma or fellowship in  
Facial Aesthetic Medicine or clinical cosmetology)

#### **Duration**

2 Years (4 Semesters)

#### **Do you dream of having a bright career in Aesthetic Medicine?**

The Institute of Facial Aesthetic Medicine is a body of Nirwan University, Jaipur, and is a world-wide popular name for its excellent teaching and learning in various courses. We are the global leaders in bridging the gap between the rising need for well-qualified and professional aesthetic procedure experts.

With our dedicated efforts, we aim to design the courses to help professionals reach the epitome of excellence and success. We have years of experience backed by our expert faculty and mentors to cater to the various needs in aesthetic medicine. Learn advanced skills in aesthetic medicine from the comprehensive training and practical sessions.

We are the No.1 choice for professionals who want to excel in cosmetology courses, cosmetology surgery, aesthetic procedure, Trichology, etc. We are dedicated to investing our best efforts to help you achieve excellence and expertise in aesthetics and cosmetology.



More information call us  
**+91 95698 93901**

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## **(AESTHETICS & COSMETOLOGY)**

### **Why Us**

We are an internationally renowned name in aesthetic medicine and cosmetology to cater to the various professionals' needs to build a successful career. Aesthetic medicine is the need of the hour; we revolve around the understanding to offer the best industry-oriented courses and expert guidance.

We aim to facilitate the learning experience for our students with one-on-one teaching and hands-on experience. Our live interactive sessions handle all major concerns and doubts of our students to excel in their learning. The advanced learning programmes ensure training the professionals with the latest and advanced techniques to boost their confidence.

### **Objectives**

Our prime objective is to offer comprehensive learning, education, and training to teach advanced techniques and concepts in aesthetic medicine and cosmetology. Our world-class experienced mentors are available to offer an exceptional understanding of the concepts in detail. We are best known for offering outstanding support to help you learn advanced skills from medical professionals.

We also take pride in helping professionals be aware of the cutting-edge technology in aesthetic medicine to boost their potential. We are the most trusted name to strike the perfect balance between theoretical knowledge and practical training to boost your confidence to independently practice aesthetics and cosmetology.



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# **M.SC.**

## **(AESTHETICS & COSMETOLOGY)**

### **Semester I**

Paper Code:MS-O&C-.101

Paper Name: Fundamentals of Skin & Facia Course

#### **UNIT – I**

1. Introduction & History of Aesthetics & Cosmetology  
Overview of aesthetics and cosmetology  
Historical development and milestones in the field

#### **UNIT – II**

2. Facial Anatomy  
Anatomy of the face, including muscles, bones, and nerves  
Understanding facial proportions and symmetry
3. Stem Cells  
Introduction to stem cells and their potential applications in aesthetics  
Use of stem cells in regenerative medicine and cosmetic procedures

#### **UNIT – III**

4. Skin & Fascia  
Structure and functions of the skin  
Different skin types and conditions  
Aging process and its impact on the skin  
Fascia and its role in aesthetics and cosmetology



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# **M.SC.** **(AESTHETICS & COSMETOLOGY)**

## **Semester I**

Paper Code: MS-O&C-.102

Paper Name: Chemical Peels

### **UNIT – I**

1. Classification of Chemical Peels

Superficial, medium, and deep peels

Chemical agents used in peels

2. Types of Chemical Peels & Uses

Glycolic acid peels, Salicylic acid peels, TCA peels etc.

Combination peels and their indications

3. Indication

Treatment of acne, pigmentation, and photo-aging

Scar revision with chemical peels

### **UNIT – II**

4. Contraindication

Absolute and relative contraindications for chemical peels

Precautions and safety measures

5. Post Care

Post-peel care instructions

Management of complications and side effects



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# **M.SC.** **(AESTHETICS & COSMETOLOGY)**

## **Semester I**

Paper Code: MS-O&C-.103

Paper Name: Non-Invasive Facelift & Body Countering

### **UNIT – I**

#### 1. Threads

Introduction

Types of threads and their applications

Techniques and procedures for thread lifting

### **UNIT – II**

#### 2. Botox

Introduction to botulinum toxin

Indications for cosmetic use

Injection techniques and dosage guidelines

#### 3. Fillers

Dermal fillers and their composition

Different types of fillers and their applications

Injection techniques and anatomical considerations

### **UNIT – III**

#### 4. Body Countering Devices

Non-invasive body contouring techniques

Radiofrequency, ultrasound, and cryolipolysis

#### 5. Face Lifting Devices

Overview of non-surgical face-lifting devices

High-intensity focused ultrasound (HIFU) and radiofrequency devices



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# **M.SC.**

## **(AESTHETICS & COSMETOLOGY)**

### **Semester I**

Paper Code:MS-O&C-.104

Paper Name : Clinical Laser & IPL

#### **UNIT – I**

1. Introduction to Laser

Principles of laser technology

Different laser types and their characteristics

2. Type of Laser

Diode lasers

Q-switched lasers

CO2 lasers and erbium lasers

#### **UNIT – II**

3. Techniques

Laser resurfacing

Laser hair removal

Laser for pigmentation etc.

4. Indication & Contraindications

Common indications for laser treatments

Contraindications and precautions for laser procedures

#### **UNIT - III**

5. Patient Management

Pre-treatment assessment and informed consent

Patient counseling and expectations management

6. Post Care

Post-treatment care instructions

Management of complications and adverse effects



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## **(AESTHETICS & COSMETOLOGY)**

### **Semester II**

Paper Code: MS-O&C-.201

Paper Name: Micro needling & Micro

#### **UNIT – I**

1. PRP (Platelet-Rich Plasma)

Introduction to PRP therapy

Indications for PRP in aesthetics and hair restoration

#### **UNIT – II**

2. Meso-therapy

Overview of mesotherapy and its applications

Injection techniques and cocktail formulations

3. Micro pigmentation

Lip

Eyebrow

BB glow

#### **UNIT - III**

4. Injection Techniques

Proper injection techniques for mesotherapy and PRP

Safety guidelines and precautions

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### **Semester II**

Paper Code:MS-O&C-202

Paper Name: Clinical Aspects

#### **UNIT – I**

##### **1. Clinical Assessment & Case Selection**

Evaluation of patient's aesthetic concerns

Patient profiling and case selection for various treatments

##### **2. Medico Legal Aspects**

Ethical and legal considerations in aesthetics and cosmetology

Documentation and record-keeping

#### **UNIT – II**

##### **3. Patient Screening & Medical Evaluation**

Pre-treatment screening and assessment of medical history

Managing expectations and identifying contraindications

##### **4. Hygiene**

Infection control and sterilization protocols

Maintaining a clean and safe clinical environment

#### **UNIT - III**

##### **5. Examination of Facial Structure**

Techniques for facial analysis and assessment

Understanding facial harmony and symmetry

##### **6. Diagnosis & Treatments**

Diagnosis of common aesthetic concerns

Development of treatment plans and personalized approaches



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### **Semester II**

Paper Code: MS-O&C-.203

Paper Name: HydraFacial

#### **UNIT – I**

HydraFacial is a non-invasive facial treatment that combines cleansing, exfoliation, extraction, hydration, and antioxidant protection.

It involves the use of a specialized device that delivers serums and performs various steps to improve the overall health and appearance of the skin.

#### **UNIT – II**

The treatment is suitable for all skin types and addresses concerns such as fine lines, wrinkles, uneven skin tone, congested pores, and dryness.

#### **UNIT – III**

Midfacial

Midfacial refers to the central region of the face, which includes the cheeks, nose, and under-eye area. It is an important area for aesthetic procedures as it contributes to the overall facial harmony and youthful appearance.

Paper Code:MS-O&C-.204

Paper Name: STERILIZATION & ROOM PREPARATION

#### **UNIT – I**

General considerations

Pre-room Preparation

#### **UNIT – II**

Sterilization protocol

Pre-operative procedures

#### **UNIT – III**

Pre & Post Care



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## **Semester III**

Paper Code: MS-O&C-.301

Paper Name: DIAGNOSIS AND TREATMENT PLANNING

### **UNIT – I**

Indications and contra indications

Diagnosis

Medical history

### **UNIT – II**

Patient's history

Facial examination

Anatomical limits of treatment

### **UNIT - III**

Skin and Hair Analysis

Paper Code: MS-O&C-.302

Paper Name: SURGICAL & NON-SURGICAL ASPECTS

### **UNIT – I**

1. Tattoo Removal (Surgical & Non-Surgical)

### **UNIT – II**

2. Rhinoplasty (Surgical & Non-Surgical)

### **UNIT – III**

3. Fat Grafting (Surgical & Non-Surgical)



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## **Semester III**

Paper Code: MS-O&C-.303

Paper Name: ADJUNCTIVE NON-SURGICAL PROCEDURES

### **UNIT – I**

Soft fat grafting

### **UNIT – II**

Face Lifting

### **UNIT – III**

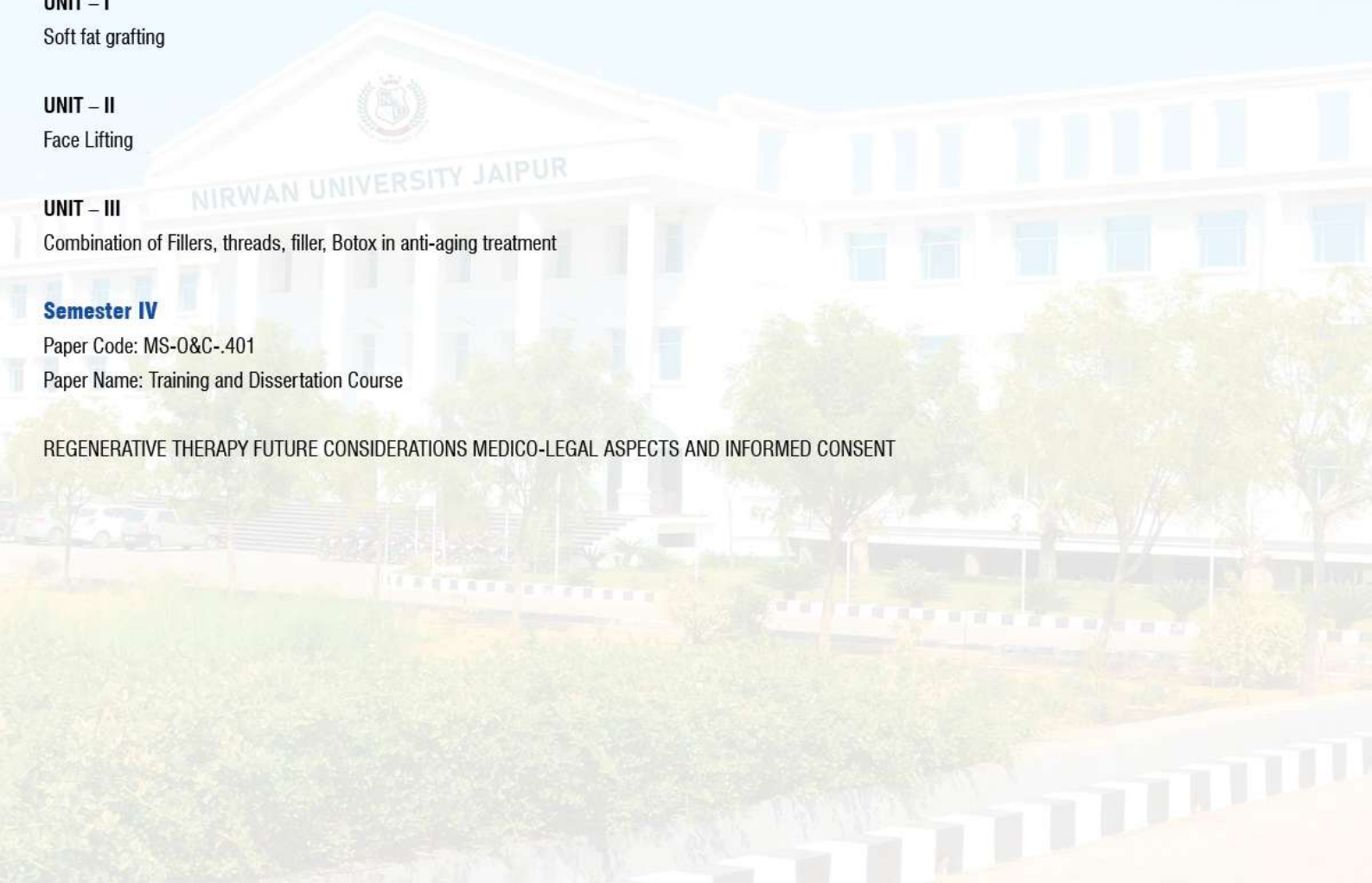
Combination of Fillers, threads, filler, Botox in anti-aging treatment

## **Semester IV**

Paper Code: MS-O&C-.401

Paper Name: Training and Dissertation Course

REGENERATIVE THERAPY FUTURE CONSIDERATIONS MEDICO-LEGAL ASPECTS AND INFORMED CONSENT



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